

KMM 2017 Session 1

No Blame. No Complain. No Excuse.

Session Plan

Part 1 – Introduction	04 mins
Part 2 – Let’s play a quiz game.	10 mins
Part 3 – Question that changed my life.	05 mins
Part 4 – “Why some people are greater failures than others?”	07 mins
Part 5 – And what were the successful people thinking?	03 mins
Part 6 – Conclusion!	05 mins
Part 7 – The Prison!	03 mins
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Part 1 – Introduction

04 mins

Self Intro - Why KMM?



Part 2 – Let's play a quiz game.

10 mins

➤ I am from a very poor family. I had to study with the light of a Kerosene lamp. Hence, I believe, I cannot succeed. APJ Abdul Kalam too was from a very poor family. Yet, he became the MOST loved President our country has ever experienced.



➤ My father died early. I was only 9 years old. I could not learn anything from him. Hence, I believe, I cannot succeed. A. R. Rahman's father too died early. Yet, he is a super class musician known all over the world.



➤ My whole family excels in chess. I was the only person who could not. My father had two wives. The first one had three children. I was the only one from the second. Hence, I believe, I cannot succeed. I wanted to be a pace bowler and was rejected outright. Yet, Sachin became one of the finest batsmen the world has ever seen.



➤ I started my life as a peon. I then, sold UNICEF cards door to door earning 50p per card. I taught martial arts in school, par time. With so many struggles, how can I be successful? Yet, Akshay Kumar is one of the most successful actors in India.



➤ I love playing football. My friends used to play cricket. I used to tell them, “Who wants to play with such a small ball?” My father wanted me to take up a simple steady government job. My football coach told me to play cricket. I am Mahendra Singh Dhoni.



Very few people start off with many advantages. (Speak about the disadvantage you had as you grew up)

Part 3 – Question that changed my life. 05 mins

I began asking that question: **“Why are some people more successful than others?”** This question changed my life.

I asked myself a few other similar questions...

1. Has there been ANYONE who began as ordinary and grew up to be extra-ordinary?
2. Has there been ANYONE who was not smart but became very successful?
3. Has there been ANYONE who was not surrounded by friends yet became very famous?



4. Has there been ANYONE who did not study enough / was not interested in studies yet became very rich?

Part 4 – “Why some people are greater failures than others?”

07 mins

I also did research on “Why some people are greater failures than others?”

I started to listen to people who were not doing as much as they can. This is what I heard often...

- ✓ I don't have enough time.
- ✓ It's too hard
- ✓ I don't have enough money
- ✓ I'm too tired.
- ✓ I'll start tomorrow, next week, next month, next year.
- ✓ I'm too young.
- ✓ I'm too old.
- ✓ It's not meant to be or it would've happened by now.
- ✓ I don't have enough talent.
- ✓ It'll take too much time.
- ✓ I'm not smart enough for that.
- ✓ I don't have the experience I need.
- ✓ I'm too busy.

- ✓ I'll have to neglect the people who need me.
- ✓ I'm not sure it's the right thing.
- ✓ What if I fail?
- ✓ I have too much on my plate.
- ✓ It's too risky.
- ✓ I'm too scared.
- ✓ I don't have the right resources.
- ✓ I've already invested too much time in what I'm doing now.
- ✓ I don't know how to do that.
- ✓ Nobody will support me.
- ✓ I don't know where to start.
- ✓ I don't have the guts.
- ✓ Let me wait for others to do it first.
- ✓ What will people think of me?
- ✓ There is no hurry.
- ✓ No one understands me.
- ✓ What if something better comes after I commit?

giving up
**IS SIMPLY NOT
AN OPTION**



Part 5 – And what were the successful people thinking?

03 mins

They were committed to success. There is a difference between interest and commitment. When you are interested in doing something, you do it when it is convenient. When you are committed to something, you accept no excuses, only results. Every excuse is a choice made to fail.

Eg. Shripal Gandhi

Milind Mehta

Kuldeep Ruchandani - failed 8 times

Part 6 – Conclusion!

05 mins

- I will find a way! Diana Nyad
- I will learn what has to be learnt.
- I will do what has to be done.
- I will raise my expectations from myself.
- I will be a world champion in the game between by ears where I am MY opponent. Martina Navratilova

Your attention please. No one is coming to save you. Your life is completely YOUR responsibility. Stop giving Excuses.

Hence we say, “No Blame. No Complain. No Excuses.”



Part 7 – The Prison!

03 mins

A person does not have to be in prison to be a prisoner. We can be prisoners of our wrong beliefs. That is more dangerous than a prison.

A BUTTERFLY proves, what change can do! By decision ONLY human beings can change. When you say I can't change, are we saying we are ANIMALS?

Part 8 – Brain Tattoos!

03 mins

