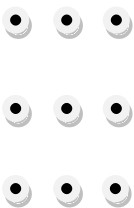


KMM SESSION - Grit

PART ONE

ACTIVITY :-

Nine Dot Game



You have to draw straight lines passing through each dot in such a manner that it connects all dots without over lapping and without picking up the pen/pencil.

PART TWO

STORY TIME

1. KARGIL WAR

On 1 June 1999, Captain Batra's unit proceeded to the Kargil Sector on the eruption of a war-like situation in Kargil.

He was sent along with his company on the first strategic and daring operation to recapture the first peak of utmost importance - Point 5140, which was at an altitude of 17,000 feet. Captain Batra, along with five of his men, climbed up regardless and after reaching the top, hurled two grenades at the machine gun post. He single-handedly killed three enemy soldiers in close combat. He was seriously injured during this, but insisted on regrouping his men to continue with the mission. Inspired by the courage displayed by Captain Batra, the soldiers of 13 JAK Rifles charged the enemy position and captured Point 5140 at 3:30 a.m. on 20 June 1999. His company is credited with killing at least eight Pakistani soldiers and recovering a heavy machine gun.

What do you think made Captain Batra not give up?

2. MUMBAI TAJ ATTACK

On the night of 26 Nov 2008, several iconic buildings in South Mumbai were attacked by terrorists. One of the buildings where the terrorists held people hostage was the 100-year old Taj Mahal Palace Hotel. Major Unnikrishnan was the team commander of 51 SAG deployed in the operation at the Taj Mahal Hotel to rid the building of terrorists and rescue the hostages. He entered the hotel in a group of 10 commandos and reached the sixth floor through the staircase. As the team descended the stairs, they sensed the terrorists on the third floor. The terrorists had held a few women as hostages in a room and locked it from the inside. After breaking open the door, the round of fire by the terrorists hit Commando Sunil Yadav, who was Major Unnikrishnan's partner.

Major Unnikrishnan led his team from the front and engaged the terrorists in a fierce gunfight. He arranged for Commando Sunil Yadav's evacuation and regardless of personal safety, chased the terrorists who, meanwhile, escaped to another floor of the hotel, and while doing so Major Sandeep continuously engaged them. In the encounter that followed, he was shot from the back, seriously injured and succumbed to injuries.

What do you think made Major Unnikrishnan not give up?

3. MOUNTAIN MAN

Dashrath Manjhi (1934– 17 August 2007) was born into a poor labourer family in Gehlaur village, near Gaya in Bihar, India. He is known as "Mountain Man" for carving a path through a mountain in the Gehlour hills so that his village could have easier access to medical attention after his wife died from a lack thereof.

Being illiterate, there seemed little option left for him but to spend his life working in the fields. He started working in the fields near a hill which rose on one side of his village. To cross the mountain, one had to traverse a narrow and treacherous pass. In 1967, Dashrath Manjhi's wife, Falguni Devi was injured and needed immediate medical attention. Unfortunately, the nearest town with a doctor was located 70 km away, as he had to travel around the Gehlour mountain hills; as a result, his wife died from the lack of timely medical treatment. Dashrath was taken aback with the loss of his wife. He realized that his village was situated in the lap of rocky hills and so the villagers would often face lot of trouble crossing the small distance between Atri and Wazirganj blocks of Gaya town. Given this to consider, Dashrath then committed himself to manually producing a shorter route. This was done in hopes of potentially limiting or preventing the outcome he and his wife suffered.

What do you think made Dashrath Manjhi not give up?

PART THREE

WHY IS GRIT IMPORTANT?

My builder friends and those related to construction will say, It's that with which we mix cement water khadi and make concrete out of, this we pour into the columns beams and slabs, this is the building block and foundation of any structure. This structure is so solid that it can stand around for decades, even centuries.

GRIT in the human spirit is not very different.

GRIT is that quality in humans that pushes us to persevere towards a long term goal or objective, it binds all the qualities of courage, skill, optimism and intelligence and is instrumental in achieving our objectives.

I am gritty about living my life with total enthusiasm no matter what happens. It helps me to bounce back and do my work with total focus. Then give personal examples on it.

PART FOUR

TOOLS

- 1) Surrounding yourself with right kind of people who push you to be gritty.
Eg:-Studies, exercise, small tasks at home.
- 2) Take small steps if long steps look impossible.
Eg:- Story of the boy with the torch.

PART FIVE

WRITTEN ACTIVITY

- Why do you think Grit is important?
- Write down one area in your life where you will implement Grit?

PART SIX

BRAIN TATTOOS

- Gritty people talk about possibilities and solutions.
- Surrounding yourself with right kind of people who push you to be gritty.
- Take small steps if long steps look impossible

