

# KMM SESSION - Enthusiasm

---

## PART ONE

Let's start off with a game.

You have to tell me what if the first thing/ person that comes to your mind as you hear them.

- ✚ A cricketer who set standards in fielding – JONTY RHODES
- ✚ A character the kids look forward to seeing in the circus – JOKER
- ✚ The best comedy show host right now – KAPIL SHARMA
- ✚ Maharashtrian Music – DHOL TASHA
- ✚ A favourite cartoon of kids and adults alike – TOM & JERRY
- ✚ Clouds – RAIN
- ✚ Beaches in India – GOA
- ✚ Kuch meetha ho jaaye – CADBURYS
- ✚ A famous character in one of the mobile companies ad– ZUZUBI

All the names that we just came up with, is there an inherent quality about them which makes us remember them so vividly? What is common characteristic of all the examples I just shared? There are no bonus points for guessing that the characteristic is the name of the session too!

I am not like that character "Chatur" in 3 Idiots who would describe machine as "A device consisting of fixed and moving parts that modifies mechanical energy and transmits it in a more useful form." I would rather say that machine is something, which makes work easy. So, Enthusiasm for me is not – "a vain belief of private revelation; a vain confidence of divine favour or communication!" According to me Enthusiasm is about being EXCITED IN ANYTHING I DO!

## WHAT IS ENTHUSIASM?

- 1) It is being excited all the time irrespective of the situation.
- 2) We find enthusiasm all around us.
- 3) People have different ways of being enthusiastic.
- 4) It is always fun to be around enthusiastic people.

Actually Enthusiasm is all around us. Enthusiastic people are always visible. They might not always be jumping. But they can't go unnoticed –

- ❖ When they are travelling and have a waiting list ticket, yet they can go and convince the TTE and sleep aaram se; whereas a person with W/L goes sitting. The way they speak with the TTE doesn't leave him with a choice.
- ❖ These people can find a car parking even on a Sunday evening on Laxmi Road. For them, they don't know this concept of – parking nahin milega!
- ❖ Enthusiastic people can be seen from the way they eat their food. They will always keep saying – "Aahaaa .... Kya banaya hai ....!" Those of us who have had food with Naren exactly know what I am talking about!
- ❖ Let's say I am very sure about the fact that in IPL Kolkatta Night Riders have come in the finals for the second time. But I have one friend who is ultra enthusiastic. In full josh, he says 'Nahin re ... mein tereko bol raha hoon na ki KKR have reached the finals for the first time ever!' When he says it so full of enthusiasm, I get a doubt – haan kya? Which means that enthusiastic people can get their point convinced, though I don't agree? Have you gone through this?
- ❖ When they have their ice cream, they just can't have it. It's during these times we know how long is the tongue that they have!
- ❖ If these people believe in something, be ready that they will make you/ force you to do things, which they think is not worth missing. Their only sentence will be – karke dekh re. Majja nahin aaya to bolna! For a few business minded ones, they will say – nahin accha laga to double paisa return! A few of us sitting here would have come into the batch when someone said like this to us.
- ❖ The way they sleep is also a sight to see! They can't just sleep like a dead body.
  - They have slept somewhere in the night and wake up somewhere else.
  - Their posture is ekdum kamaal ka. As you are sleeping next to them, in the middle of the night, suddenly you will feel their leg over you! (Joke to husband-wife – do you want me to die fast or slow)
- ❖ The way these people play game on mobile. It is a crazy sight to see. These people don't need a Play Station. They are already so engrossed in it even in mobile.
- ❖ The way some people laugh. I mean you can recognize them from their laughter. They don't believe in anything which is called smiling! Even if they are not near you and they start laughing, you too feel like laughing, just listening to their laughter!
- ❖ About 5 years ago, I was showing some tiles to a family. They liked a few white tiles. Before they finalized they called their son to get his opinion. He was out somewhere and came in 15-20 minutes. The moment he came, the family showed him what all they liked. As I looked at him, he looked to be seeing all around – left and right. I was wondering why he is doing so. I asked him – what happened? He said – Boss, tumhare paas green colour ke bahut tiles dikh rahe

hain! I looked around and said – Ek bhi nahin hai .... Eureka moment it was. I told him – Sir, aapke Ray Ban ke sunglasses to utaar ke dekho! We burst out laughing!

- ❖ Though I don't really believe in casteism, but can't refrain from saying this. Gujju's are fantastically excited when they are travelling. During May or Diwali vacations, anywhere you go in the world you will find Gujju's. Next time you go to a vacation in India, see the number of cars having the number plate starting with 'GJ'. It's stunning. If that is not enough, the moment they are in a group, you know they are around. Some dialogues are common – "Khakhra-Chatni khavani?", "Kamlesh, photo pad to!", "Ketlu fine che .... Jo to kharu!"

At times, I really look at these people and say – Sahi hai yaar! Dhamaal hai! It's so much fun to be with them. Every moment there might be something coming from them, which makes the environment so amazing. I personally feel that Enthusiastic people always have certain advantages over others.

## **PART TWO**

### **ACTIVITY:**

Students are asked to write down three things they are enthusiastic about?

## **PART THREE**

### **ADVANTAGES OF BEING ENTHUSIASTIC**

- 1) Enthusiastic people magnetize... for e.g. students who have enthusiastic teachers learnt better.
- 2) Enthusiastic people give solutions and always find a way.
- 3) Enthusiasm helps produce mind blowing results cause you are bound to give your best without compromise.
- 4) Enthusiasm makes everything look doable. Obstacles are easier to overcome.
- 5) When we are enthusiastic happiness becomes a habit. It doesn't take much to be happy then, being enthusiastic is enough.

### **❖ ENTHUSIASM MAGNETIZES PEOPLE –**

- If there is a party, you will always see a group gathered. If you go near that group, you will see that one person is always stealing the limelight. That person is probably the most Enthusiastic person there.

- At Eiffel Tower, there will always be loads of tourists. But imagine a situation, where as you are clicking a photo, you here a voice behind saying – “A dekh ... kya bhaari banaya hai!” What happens? We immediately turn back to see, who is speaking Hindi like me? A fellow Indian! Others seem to be whispering; whereas his enthusiasm keeps his tone high. Doesn't it feel so good to meet a fellow Indian in a foreign land?
- In school, I was fortunate to have been a student of Madhavi Kapur, one the best teachers I have come across. She never cared for what others will say, but do everything possible to make studies interesting. When I was in standard 8<sup>th</sup>, in about 1995 (suddenly look ages ago!), she used to teach us History. That time we had WWII as an important part. Apart from textbooks she used to get us Britannica Encyclopedias and show us pictures and read out the history to us. She was one of those very rare teachers who used to create interest in every single child in history subject. Since then, I have always scored excellently in history. Moreover I have got very interested to know about history of various places I go to. All the credit to her. She used to be so enthusiastic in teaching us History that we would come to school even if we had fever if we knew that Madhavi Kapur would be coming!
- In 10<sup>th</sup> standard we had a teacher named – Gopa Basu. She was a Bengali and very very sweet. (Maybe there is something about people from Bengali being sweet!) She would always give us a motherly feeling. She used to teach us Hindi. I still remember her love for teaching language. She would be loving yet so emphatic. My Hindi becomes very strong due to her enthusiasm for the subject. It wasn't a surprise at all that I topped the school in Hindi subject in 10<sup>th</sup> standard.
- Look at the Sports we watch. How many of us watched the FIFA World Cup Football finals? Football is the sport that has highest viewership all across the world. There is so much happening on the field. There is enthusiasm; there is energy. At times, I really wonder that before the person kicks the ball inside the opponent's goal – must he be doubting if he should. Because he knows that the moment he scores, there will be 10 people on top of him! I can imagine what Mario Goetza of Germany would have gone through when he scored the match winner in the finals against Argentina last Sunday. At the same time, how many of us watch the match between V. Anand and Magnus Carlsen? I am never a night person. But I watched both the semi finals and finals of this football world cup. Whether we like it or not, Enthusiasm magnetizes us.

#### ❖ ENTHUSIASM HELPS ME GET SOLUTIONS –

- I wasn't supposed to be taking this session. When Naren had called for the meeting of who all want to take the session, I didn't go for it. Later as

we were sitting for allocation, we realized that there is a possibility of one person taking up this session on Enthusiasm. The moment the topic was announced, heart of heart I felt Naren won't give this session to me. But my dear friends Milind Mehta and Manan were there. They immediately announced – Naren, Amit ko de do! Le lega. Somehow I was sure Naren will say – let me think. But, within the next second I heard Naren say – DONE! That moment I said to myself – “Aise dost ho to dushman ki kya zaroorat?” Frankly I did have doubts on myself to take a session on Enthusiasm. But then, within a few minutes, I was able to tell myself – it might look challenging; but karte hain na! I feel I will be able to take an incredible session. I will stun myself and everyone! And here I am taking this session!

#### ❖ ENTHUSIASM PRODUCES GREAT RESULTS –

- Milind Mehta has been a part of KMM for about 10 years now. It is a sight to see him interact with the kids. It's amazing the way he can take KMM session. He has been going to Sinhagad Springdale School in Narhe. He has built such a great rapport with the teachers over there that we jokingly say that SSD is Milind's school. Not because of anything, but sheerly on the results he has been able to produce with kids in SSD, which makes the teachers look upto him. At times he will go in the school and ask the teachers – which is the weakest division in 10<sup>th</sup> standard. He would take it up and sort out issues, which teachers have been grappling with for months. His enthusiasm for KMM knows no boundaries! It's no wonder that he produces fantastic results with kids year after year.
- I have another dear friend named Shripal Shrishimal. He did his MBBS from B J Medical College (totally on merit). When he graduated, he got a job in Sassoon Hospital at salary of Rs.1200/- month. His friends got posted at better hospitals. But he kept working hard. He got a chance to go to US for Masters Degree. He gave his best over there. He did his internship, followed by a job in a hospital. Along with his job, he kept studying too. Today, he has done God knows how many super specializations. From a salary of 1200/- month to now owning a Lexus SUV, and BMW, and a house of his own. He says that is he wants he can buy a helicopter. But issue is where to keep it? If you talk to him even in the middle of the night about medical science etc, you will speak extremely enthusiastically about his profession. At times there are shifts where he head the ICU continuously for 36 hours. When I asked him how he manages it. He smiles and replies – pata hi nahin chalta yaar. When I heal the patient, I feel too good that I was able to give them their health back.

## ❖ ENTHUSIASM NULLIFIES OBSTACLES –

- We have another LifeSchooler – Pankaj Pipada. If you look at him at the outset, he looks all fit and fine. But talk to him and you will realize that there are innumerable repairs on his inside. So much so that he shouldn't be playing a single sport at all. Doctors say that it is not possible for him to play anymore. But he has participated whole-heartedly in last 3 sports conventions and participated in games, which are taxing on the body. Even now he is very regular to play basketball. If you ask him – doesn't it hurt? His answer will be – shayad dukhta hoga. Khelte hue pata bhi nahin chalta!
- Once Sushant Shah (the architect of the Leh trip, where about 20 odd people are leaving for today afternoon post LL) and Purva had come home for coffee. As we were chatting Sushant was narrating an incident that stunned me. Purva loves dancing. That is her passion; her life. She was having immense pain due to a con in her feet. She tried all the medicines and everything, but it wouldn't go. Her performance was next day. She wanted to do everything possible and dance. She went to the doctors and told him that do whatever possible, but I must dance tomorrow. The doctors gave her injections. Yet that pain wasn't totally gone. But, she gave a brilliant performance that day on the stage.

It is beyond any question that Enthusiasm moves things. Simply by being Enthusiastic, so many things start working positively for us. In some way or the other each one of us are Enthusiastic about something. At times, we know about it; most of the times we are not sure what all we are enthusiastic about!

## **BRAIN TATTOOS**

1. Enthusiasm magnetizes people.
2. Enthusiasm helps me get solutions.
3. Enthusiasm produces great solutions.
4. Enthusiasm nullifies obstacles.

